

XXXXXX XXXXXXXX

Address
City, State ZIP Code
Phone

Date

Name of Person Receiving your letter

Title

Employer

Address

City, State Zip

Dear Person's Name:

I am very interested in the Fitness Director position opening at the Los Gatos Sports and Wellness facility in Wilmington, DE. I have a strong educational background and several professional health and fitness experiences which I feel uniquely qualify me for this job opportunity. I am currently a certified personal trainer and am completing my degree in Athletic Training with a minor in Exercise Science at Salisbury University (SU) in Salisbury, MD.

My education and professional background has provided me extensive organizational and managerial experience. For instance, in my internship at CitiWorld I helped to establish the fitness class program, market it, and was closely involved in designing the assessment and prescription exercise system now utilized. In addition, I designed programs for clients who were injured and needed a program for recovery. We compared recovery rates for this program and the local hospital and our program had a 34% faster recovery rate for the exact injuries.

My Bachelor's Degree in Athletic Training is a comprehensive education in anatomy, kinesiology, management concepts in sport and fitness settings, worksite wellness, fitness assessment and prescription, stress testing, EKG, and athletic training. I have also taken courses related to fitness for special populations, such as the elderly. Also I had the chance to work with the university Head Athletic Trainer and he permitted me to assist him the entire football season. That experience has made me much more comfortable in my skills. I truly enjoy working in the fitness industry and feel I am most capable of developing great rapport with the people I help. I am reliable and dependable and take great pride in my performance as a professional.

Once again the opportunity to work for the Los Gatos Sports is desirable to say the least. I would enjoy being a part of your organizational team and look forward to speaking with you in the near future. Thank you for your time.

Sincerely,

XXXXXX XXXXXX