FACULTY & STAFF
TEMPERATURE CHECKS

Student Health Services recommends the use of an oral thermometer to measure your temperature. A temperature measures body heat. An oral thermometer is used to take your temperature in your mouth. A person should be 5 years or older to have a temperature taken in the mouth. Oral thermometers are generally inexpensive and easy to use. There are additional ways to check a temperature, including scanning your forehead or ear tympanic membrane. If you decide to use one of these devices, please follow the instructions with the device for use. An oral thermometer also may be used under your arm, in your axilla (armpit), if you are unable to put the thermometer in your mouth.

Normal Oral Temperature Ranges:
- Adults – 98.6°F (37°C).
- Children – 97.6-99.3°F (36.4-37.4°C).
- Older Adults – 98.2°F (36.8°C).

Body Temperature Ranges:
Body temperature changes slightly through the day and night, and it may change based on your activity.

Temperature Over 100.4°F

NOTIFY HUMAN RESOURCES
AND YOUR SUPERVISOR

DO NOT
COME TO CAMPUS, ATTEND AN IN-PERSON CLASS OR GO TO WORK

Fevers
You may need to check an oral temperature to learn if you or a family member has a fever. “Fever” is a word used for a temperature that is higher than normal for the body. Fever is usually a sign of illness, infection or other conditions.