



#SeaGulls4Hope

**TALK
SAVES
LIVES**

An Introduction to Suicide Prevention



Thursday, April 8, 2021
7 p.m.



Friday, April 9, 2021
1 p.m.

Scan QR code to register

Understand the general scope of suicide, the research on prevention and what people can do to fight suicide. Learn common risk factors and warning signs associated with suicide, and how to keep yourself and others safe.

SAVE
-the-
DATE

**Join SU's Hope Walks Here Inaugural Maryland
Virtual Out of the Darkness Campus Walk,
Friday, April 23, 2021.**

Learn More & Register: afsp.donordrive.com/team/SU



If you are in crisis, call the **National Suicide Prevention Lifeline** at **1-800-273-TALK (8255)** or contact the **Crisis Text Line** by **texting TALK to 741741**.

Salisbury
UNIVERSITY

Questions? Olisa Umeka • 410-543-6070 • swcounseling10@salisbury.edu
Sponsored by SU Student Counseling Center

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