



What is TimelyCare?

Access to 24/7 mental health support for all Salisbury University students.

Who can use TimelyCare?

Any enrolled Salisbury University student can use TimelyCare.

What services are available?

24/7 TalkNow visits (24/7 mental health support) and Scheduled Counseling visits (12 per year) are available at no cost.

How do I log in?

Go to timelycare.com/salisbury and follow the prompts.

**Mobile users will be directed to download the TimelyCare app.*

What can I be treated for?

Our counselors can treat/discuss a wide range of common conditions, and after talking to you, will decide on the best course of treatment. Some common conditions are: stress and anxiety, relationships, depression.

How much does a visit cost?

There is no cost to enrolled Salisbury University students.

I already have insurance and a primary provider, how does TimelyCare benefit me?

With TimelyCare, you will have free, 24/7 access to counselors from anywhere in the United States, so you'll never have to spend time or money looking for resources when you're away from home or campus.