

# M.S. in Health and Human Performance

## College of Health and Human Services

### Salisbury University Graduate School



#### PREPARING FOR A CAREER IMPROVING LIVES

##### Program Overview

Physiology is the foundation upon which we build our knowledge of life, including how the human body responds and adapts to physical activity. Our graduate Health and Human Performance (HHP) Program will allow you to apply evidence-based best practice guidelines to individuals to help treat and prevent disease, reach peak performance, and improve health.

The nationally recognized HHP Program prepares students for a wide range of professional careers from clinical physiology, to community and corporate wellness, to university-based strength and conditioning. The comprehensive HHP curriculum includes individualized student experiences, responsive to the changing demands of the applied healthcare and sports performance fields. The program also fosters a commitment for every student to earn an appropriate professional credential from the American College of Sports Medicine (ACSM) and/or the National Strength and Conditioning Association (NSCA).

##### Accreditation

The HHP Program is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP) through the Committee on the Accreditation for the Exercise Sciences (CoAES). The program is also recognized by the National Strength and Conditioning Association (NSCA) at the graduate level by their Education Recognition Program.

##### Career Outlook

According to the Bureau of Labor Statistics, employment of exercise physiologists is projected to grow 13% from 2016 to 2026, faster than the average for all occupations. Demand may rise as hospitals emphasize exercise and preventive care to help patients recover from cardiovascular and pulmonary diseases and improve their overall health.

##### JOB PLACEMENTS INCLUDE:

###### Strength and Conditioning

- Princeton University
- University of Pittsburgh
- Temple University
- Boston Red Sox

###### Clinical Exercise Physiology

- National Institute on Aging
- University of Maryland St. Joseph's Medical Center
- Shady Grove Medical Center
- Dartmouth-Hitchcock



*“Pursuing my master’s degree in the HHP Program at Salisbury was the best decision I could have made to further my education in the field of exercise physiology. The program is well rounded and the professors make sure that students graduate with the knowledge and hands-on experience to excel in the workplace. In addition, the relationships that I’ve formed with professors and classmates over the last two years are something I will always cherish. I could not be more grateful for my time as a graduate student at Salisbury.”*

– Colette Kellen, HHP Alum

*“Our faculty and staff provide numerous hands-on opportunities in and out of the classroom to prepare the most complete health professionals and strength coaches, including scientific research, various internship experiences, and collegiate athletic training and coaching experiences.”*

– Dr. Scott Mazzetti, Program Director

##### FACULTY

###### Program Director:

- Scott Mazzetti, Ph.D., Professor, ACSM EP, NSCA CSCS

###### Associate Professor:

- Tim Werner, Ph.D., ACSM RCEP, NSCA CSCS, CSOWM

###### Clinical Faculty:

- Heather Mazzetti, M.S., USG Site Coordinator, Salisbury University

###### Adjunct Faculty:

- Matt Nein, M.S., NSCA CSCS\*D & RSCC\*D, Coordinator of Sports Performance, Salisbury University Athletics
- Sidney R. Schneider, Ph.D., RRT, RRT-NPS, RPFT, ACSM-CEP

##### OFFERED IN TWO LOCATIONS:

- Salisbury University, Salisbury, MD
- Universities at Shady Grove, Rockville, MD

##### CONTACT INFORMATION

For more information, please contact:  
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