

Exercise Science Program

School of Health Sciences

College of Health and Human Services



Salisbury University's exercise science major primes students to work in the health/fitness industry as personal trainers, strength and conditioning coaches, fitness instructors, and wellness program directors. Students wishing to pursue careers in allied health fields may elect to complete additional courses in preparation for graduate education in exercise science or other pre-professional health-related disciplines such as physical therapy, physician assistant, occupational therapy and medicine.

program requires an internship experience and includes many hands-on opportunities in health and fitness initiatives and scientific research.

Leaders in the Profession

As one of SU's largest undergraduate majors, the exercise science program is leading the way in the profession:

- First undergraduate program (national or international) to earn accreditation by the Commission on Accreditation of Allied Health Education Programs (CAAHEP) for the exercise science profession

Accreditation

The Exercise Science Program is accredited by the Committee on the Accreditations for the Exercise Sciences under the auspices of the Commission on Accreditation of Allied Health Education Programs (CAAHEP).



- Recognized by the National Strength and Conditioning Association (NSCA) as an educational program that has an approved strength and conditioning curricula that prepares students for NSCA certification exams
- Allied Health Track prepares students for future careers in allied health professions

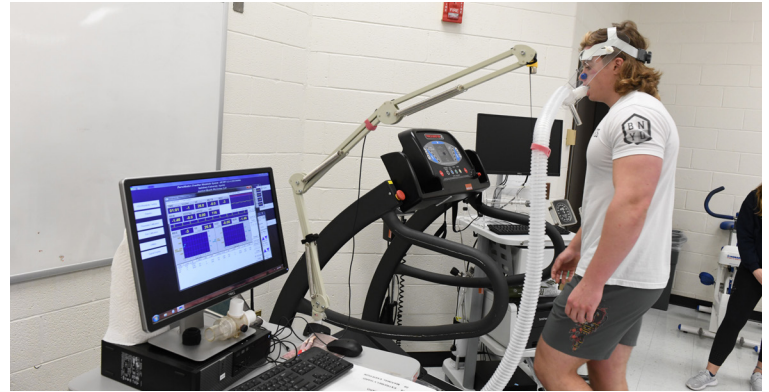


About the Program

The academic foundation of exercise science is in physiology, bioenergetics, and movement anatomy and mechanics, with applications to exercise responses and adaptations, strength and conditioning, sport performance, and disease and injury. Courses include human anatomy and physiology, fitness instruction, exercise physiology, strength training, kinesiology, and injury prevention and emergency management. The

“We now have an accelerated program in which students can earn a Bachelor of Science degree and a Master of Science degree in Health and Human Performance in five years.”

*– Dr. Scott Mazzetti
Exercise Science Program Director*



SU Near You

You can also earn your exercise science degree at our Shady Grove location in Montgomery County. To learn more about this option, contact: **Abby Gibson, Site Coordinator** asgibson@salisbury.edu 301-738-6228



CAREER OPPORTUNITIES

Our exercise science major prepares students to work in the health/fitness industry. Careers can include the following:

- Athletic Trainer
- Cardiac Rehabilitation/ Clinical Exercise Physiologist
- Chiropractor
- College Instructor/Professor
- Exercise Physiologist
- Occupational Therapist
- Personal Trainer
- Physical Therapist
- Physician Assistant
- Researcher
- Strength and Conditioning Coach
- Wellness Coordinator

FACULTY

Program Director

- Scott A. Mazzetti, Ph.D. Professor

Associate Professors

- Brent F. Fedorko, Ph.D.
- Lisa M. Marquette, Ph.D.
- Jessica M. Walter, Ph.D.
- Timothy J. Werner, Ph.D.

Assistant Professor

- Zachary Townsend, Ph.D.

Clinical Faculty

- Abby S. Gibson, M.S.
- Autumn D. Romanowski, M.A.

Instructors

- Heather M. Mazzetti, M.S.
- Sara Phillips, M.S.

CONTACT INFORMATION

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salisbury.edu/exercisescience

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