SU President’s 21-Day Anti-Racism Challenge

Day 5: Reflection Questions

• Identify actionable ways you can be an ally.

• What will keep you committed to being an ally after the this is no longer a “hot topic”?

• Describe why being an ally is important?

• What feelings are coming up for you as you talk about white fragility?

• What are your thoughts and feelings about Robin DiAngelo’s statement, “White people enjoy a deeply internalized, largely unconscious sense of racial belonging in U.S. society”. Think about how that statement fits into your life experience.