

SU President's 21-Day Anti-Racism Challenge

How to Be an Anti-Racist Reflection Questions

- Kendi states “The only way to undo racism is to constantly identify it and describe it—and then dismantle it.” Why does he believe we need to call out racism when we see it, even if it can be uncomfortable to identify?
- Kendi’s central message is that the opposite of “racist” isn’t “not racist.” The true opposite of “racist” is antiracist. “The good news,” Kendi states, “is that racist and antiracist are not fixed identities. We can be racist one minute and an antiracist the next.” What does it mean to have to constantly reaffirm your identity as an antiracist? Is there any benefit to the fact that you can’t just decide you are “not racist” or an antiracist and be done with it?
- What is the first step you, personally, will take in striving to be an antiracist? How will you check yourself and hold yourself accountable if you notice you, or someone else, is being racist?
- Kendi thinks that we should assess candidates as being racist or antiracist based on what ideas they are expressing and what policies they are supporting—and not what they say is in their bones or their heart. Do you agree with him? Why or why not?