Welcome to Fridays with the Flock!

Join us each week for recommended readings, training links and insights to help you thrive at work and beyond. Happy Friday!

Summer Schedule

Fridays with the Flock will be moving to a monthly publication through the summer months. Watch for newsletters the first Fridays of June, July and August. Wishing everyone a fun and relaxing summer!

What’s Your Unlearning Goal?

Part of ongoing career development includes letting go of old habits and mindsets when they no longer serve you. Use these tips to evaluate your learning and unlearning goals for this year.

Active Listening as a Leader

“Why is listening so important? It meets several of our most basic human needs: belonging, respect and accomplishment.” Using these concepts, leaders can become better active listeners to improve communication, motivation, and trust on their teams.

LinkedIn Learning This Week

Human Resources suggests the following free LinkedIn Learning courses that you can view at your own pace. Take advantage of these timely and informative webinars for professional and personal growth:

- Developing a Learning Mindset
- Listen to Lead
- Refresh Your Workplace Social Skills

One of the most sincere forms of respect is actually listening to what another has to say.

– Bryant H. McGill

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