GENERAL EDUCATION REQUIREMENTS

<table>
<thead>
<tr>
<th>Course No. &amp; Title</th>
<th>#Credits</th>
<th>Grade</th>
<th>Term</th>
<th>Completed</th>
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<tbody>
<tr>
<td><strong>Group I: English Composition and Literature (2 courses)</strong></td>
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<td>A.</td>
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<td>B.</td>
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<td><strong>Group II: History (2 courses)</strong></td>
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<tr>
<td>A. HIST101, 102, or 103</td>
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<td>B. HIST101, 102, 103 or a HIST course above 103</td>
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<td><strong>Group III: Humanities and Social Sciences (3 courses)</strong></td>
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<td>A. Select one course from one of the following seven areas:</td>
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<td>ART, CMAT, DANC, or THEA, MDFL, MUSC, PHIL, HONR 211</td>
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<td>B. Select one course from one of the following eight areas:</td>
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<td>ANTH, CADR, ECON or FINA, ENVR, Human GEOG, POSC, PSYC, SOC, HONR 211</td>
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<td>C. Select one course from either Group IIIA or IIIB</td>
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<td>(course must be from a different area than previously selected)</td>
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<td>3/4</td>
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<td><strong>Group IV: Natural Science, Math and Computer Science (4 courses)</strong></td>
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<td>A. Select courses with laboratories from at least two of the following four areas:</td>
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<td>BIOL, CHEM, GEOL or Physical GEOG, PHYS</td>
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<td>B. Select one additional course (need not be a lab) from Group IVA or EHW or ENWR or COSC or MATH or HONR 212</td>
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<td>C. Select one course from MATH</td>
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<td><strong>Group V: Health Fitness (1 course)</strong></td>
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<td>FTWL106 - Lifelong Fitness and Wellness</td>
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**REQUIRED CORE COURSES (48 hours with C or better)**

- BIOL215 - Human Anatomy and Physiology I
- BIOL216 - Human Anatomy and Physiology II
- EXSC213 - Injury Prevention and Emergency Management
- EXSC240 - Fitness Testing
- EXSC250 - Strength Training Techniques and Program Design
- EXSC295 - Fitness Instruction
- EXSC300 - Health and Fitness Programs and Professions
- EXSC317 - Nutrition, Health and Human Performance
- EXSC333 - Kinesiology
- EXSC344 - Exercise Physiology
- EXSC462 - Clinical Exercise Physiology
- EXSC472 - Stress Testing and Exercise Prescription

**REQUIRED ALLIED HEALTH COURSES (14 hours with C or better)**

- CHEM121 - General Chemistry I
- or
- PHYS121 - General Physics I
- MATH155 - Statistics
- PSYC101 - Introduction to Psychology
- FTWL106 - Lifelong Fitness and Wellness

**ALLIED HEALTH ELECTIVE COURSES (Complete 22 hours from the following with C or better)**

- ATRR210 - Foundations of Athletic Training
- ATRR401 - Therapeutic Modalities
- ATRR402 - Orthopedic Assessment
- ATRR403 - Foundations of Therapeutic Exercise
- BIOL101 - Fundamentals of Biology
- BIOL210 - Biology: Concepts and Methods
- BIOL211 - Microbiology
- BIOL213 - Zoology
- CHEM122 - General Chemistry II
- or
- PHYS121 - General Physics I
- CHEM221 - Organic Chemistry I
- CHEM222 - Organic Chemistry II
- EXSC301 - Research Methods in Exercise Science
- EXSC308 - Research in Exercise Science
- MATH160 - Introduction to Applied Calculus
- PHYS123 - General Physics II
- PSYC300 - Developmental Psychology
- PSYC302 - Abnormal Psychology
- PSYC320 - Psychology of Infancy and Childhood
- RESP303 - Cardiopulmonary Physiology
- RESP304 - Cardiopulmonary Disease
- RESP322 - Pharmacology
- RESP402 - Pulmonary Diagnostics and Rehab

**PROFESSIONAL SEMESTER (12 hours)**

- Complete the following with a C or better:
  - EXSC479 - Internship in Exercise Science
  - EXSC480 - Exercise Science Seminar

UNIVERSITY POLICIES

- Refer to the SU catalog for approved prerequisites and General Education courses.
- Requirements may not equal 120 credit hours. Students must register for additional electives to complete 120 credits required for graduation.
- All graduates must have a minimum of 30 credits of 300/400-level courses with C grade or above; at least 15 of these credits must be taken at SU.
- Students must have a minimum cumulative GPA of 2.0 for graduation.
- Students must complete at least 30 credit hours by direct classroom instruction and/or laboratory experience.
- Students must take 30 of the last 37 credit hours at SU.
- It is the student’s responsibility to satisfy graduation requirements.
- Please refer to the SU catalog for detailed major requirements.
- Students must apply online for graduation by November 15 for May and by May 15 for December.

MAJOR REQUIREMENTS

- Complete a minimum of 12 credits of major courses and have a 2.0 GPA to enroll in 300-/400-level major courses.
- Complete EXSC333 and 344 and 90 credit hours, or receive department approval, to enroll in EXSC479 and 380.
- Complete a minimum of 30 hours of 300-/400-level courses, each with a grade of C or better.
- Receive a C or better in ALL required EXSC major courses.
- Receive an overall GPA of 3.0 upon graduation.

Please refer to the SU catalog for approved prerequisites and General Education courses.