

Pre-Athletic Training Checklist

Rev. 2/2022

Name: _____

ID# _____

DATE: _____

THIS CHECKLIST IS AN UNOFFICIAL TOOL FOR PLANNING.

Matriculated students and advisors should consult the Academic Requirements Report in GullNet before and after registering for classes each semester to track academic progress.

Advising for Pre-Health plans is available through the Health Professions Advisory Program (HPAP).

PRE-ATHLETIC TRAINING REQUIREMENTS

- Preparation for graduate programs in this field requires that certain pre-requisite courses be completed and that the applicant take the necessary admissions exam required by the intended graduate school.
- "Required" courses listed were required by >75% of schools surveyed.
- "Recommended" courses are suggested for proper preparation for graduate/doctoral programs and were required by >50% of schools surveyed.
- You must check the prerequisites of all schools you are considering, as requirements vary.
- Maintain a minimum cumulative GPA of 3.0 to be considered as a viable candidate for graduate/doctoral programs.
- Refer to program of choice for suggested patient observation, shadowing, and volunteer hours required. Most schools do not require hours, but some do.
- Explore leadership and study abroad opportunities that enhance undergraduate experience.
- All pre-health students should seek further advisement and guidance provided by Health Professions Advisory Program advisors ([HPAP: https://www.salisbury.edu/academic-offices/advising-center/hpap/](https://www.salisbury.edu/academic-offices/advising-center/hpap/)).

YOU MUST HAVE A PRIMARY MAJOR –

This curriculum is in addition your major requirements and only pertains to suggested prerequisites for Athletic Training programs – NOT your Salisbury University degree.

Course No. & Title	#Credits	Grade	Taken @SU	Term Completed
Required Courses:				
BIOL 101 – Fundamentals of Biology	4	_____	Y/N	_____
OR				
BIOL 201 – Intro: Molecular & Cell	4	_____	Y/N	_____
BIOL 215 – Anatomy & Physiology I	4	_____	Y/N	_____
BIOL 216 – Anatomy & Physiology II	4	_____	Y/N	_____
CHEM 121 – General Chemistry I	4	_____	Y/N	_____
EXSC 317 – Nutrition, H&H Perform	4	_____	Y/N	_____
OR				
HLSC 225 – Nutrition Health Sciences	4	_____	Y/N	_____
EXSC 344 – Exercise Physiology	4	_____	Y/N	_____
MATH 155 – Modern Statistics	3	_____	Y/N	_____
OR				
MATH 216 – Statistical Thinking	4	_____	Y/N	_____
PHYS 121 – General Physics I	4	_____	Y/N	_____
OR				
PHYS 221 – Physics I	4	_____	Y/N	_____
PSYC 101 – General Psychology	4	_____	Y/N	_____
Recommended Courses:				
ATTR 210 – Foundations of AT	4	_____	Y/N	_____
EXSC 333 – Kinesiology	4	_____	Y/N	_____
EXSC 345 – Biomec of Human Mvnt	4	_____	Y/N	_____
HLSC 301 - Human Pathophysiology	4	_____	Y/N	_____
for Health Care Majors				
HLTH 450 - U.S. Health Care and Public Health	3	_____	Y/N	_____
Useful Elective Courses:				
FTWL 102 – First Aid and Emerg Care	1	_____	Y/N	_____
HLSC 201 – Medical Terminology	3	_____	Y/N	_____