S.S. GRILLERS

Item	Serving Size	Calories	Fat	% Cal. From Fat	Chol.	Protein	Carb.	Fiber	Sodium
BURGERS									
Boca Burger (without roll) ▲	1	120	0 g	0%	0 mg	18 g	11 g	6 g	380 mg
Cheeseburger (without roll)	1	327	24 g	66%	95 mg	26.7 g	1 g	0 g	772 mg
Chicken Burger (without roll)	1	170	11 g	58%	95 mg	18 g	0 g	0 g	65 mg
Garden Burger (without roll) ■	1	190	4 g	19%	15 mg	10 g	24 g	8 g	390 mg
Hamburger (without roll)	1	224	15.6 g	63%	73 mg	21 g	0 g	0 g	340 mg
Hot Pepper Cheeseburger (without roll)	1	329	24.2 g	66%	98 mg	27.7 g	0.2 g	0 g	446 mg
Pizza Burger (without roll)	1	425	22 g	47%	77 mg	32.5 g	24 g	0 g	680 mg
Turkey Burger (without roll)	1	190	6 g	28%	85 mg	31 g	1 g	0 g	650 mg
MISC.									
Grilled Chicken Breast	1	110	2.5 g	20%	60 mg	22 g	0 g	0 g	270 mg
Smart Dog (without roll) ▲	1	45	0 g	0%	0 mg	9 g	2 g	1 g	320 mg
ROLLS									
Foot Long Hot Dog Roll ▲	1	220	2 g	8%	0 mg	8 g	43 g	1 g	390 mg
Hamburger Roll ▲	1	100	1.5 g	14%	0 mg	3 g	20 g	<1 g	210 mg
Hot Dog Roll ▲	1	100	1.5 g	14%	0 mg	3 g	20 g	<1 g	210 mg
Sub or Steak Roll ▲	1	190	2 g	9%	0 mg	6 g	37 g	1 g	390 mg
SANDWICHES									
Italian Grilled Cheese (on white) ■	1	274	12.4 g	41%	30 mg	15.2 g	25.4 g	0.2 g	758 mg
Italian Sausage (without roll)	1	429	29.4 g	62%	89 mg	24 g	17 g	1.5 g	2653 mg
Turkey Reuben	1	454	24.4 g	48%	58 mg	24.3 g	37 g	4.3 g	1195 mg
Reuben	1	451	23.8 g	48%	51 mg	24.7 g	35 g	4.3 g	1288 mg
Sloppy Joe (without roll)	1 scoop	158	6.7 g	38%	31 g	9.3 g	15 g	0 g	563 mg

■ *These items contain no meat, poultry or fish, but may contain eggs, milk or cheese.*
▲ *These items contain no meat, poultry, fish, eggs, milk, cheese, honey or gelatin.*

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