



## Coordinator's Corner

Welcome (back) to Salisbury University – and to the first issue of *The Commuter Link*!

Commuter Connections is kicking off this semester with a brand new newsletter made just for students living off campus. *The Commuter Link* will feature a schedule of upcoming events, information on Commuter Connections programs and on services provided by other departments, as well as opportunities for student involvement in and around campus.

For those of you who do not know what Commuter Connections is, here's the deal: Commuter Connections is your go-to place for all things commuter! We provide programming for commuter students, information on resources available on campus, advocacy within the campus community and a place for you to bring your concerns to.

Want to know more about what's in store for commuter students this semester? Then read on! Also, keep an eye out for our upcoming issues in your campus e-mail!

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## Commuter Connections

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## Commuter Assistant Program

The Commuter Assistant Program is going into its second year! Commuter Connections is thrilled to welcome 33 new students and 14 Commuter Assistants into the program this fall.

The goal of the program is to assist in the transition of incoming first-year commuter students by connecting them to a network of Commuter Assistants – upperclassmen who know the University inside-out and who are available to help them out through their first semester of college.

Are you a mentee? Let us hear your ideas for fun group activities! Want to become a mentor? We recruit at the end of every semester, so keep an eye out for our e-mails.

## Make A Difference: Commuter Programming Board

Looking for leadership opportunities at SU? Do you want to be part of the efforts to engage commuter students in campus life? Interested in campus advocacy?

Then the Commuter Programming Board is for you!

We're looking for students interested in serving on the board for the 2010-2011 academic year. Students must be able to commit to the full academic year, have at least

a 2.5 GPA and live off campus. For an application packet, stop by our office or e-mail us at [commuterconnections@salisbury.edu](mailto:commuterconnections@salisbury.edu).

For more information on the Commuter Programming Board, visit us at:  
[www.salisbury.edu/commuters](http://www.salisbury.edu/commuters)

## Spotlight: GUC Events

It's a brand new academic year, and GUC Events has been busy planning a multitude of fun events for the fall semester. What is GUC Events, you ask? GUC Events is a Guerrieri University Center-sponsored program that provides engaging, enriching and educational events for Salisbury University's student body. Events are open and free to all students – commuting or residential!

The GUC Events calendar is packed with exciting events of all kinds throughout the semester. From video game tournaments and sushi rolling classes to ping pong tournaments and massage therapists, there is sure to be something for everyone. Don't miss out on all the fun, commuters!

Check out the schedule of events at:  
[www.salisbury.edu/guc/gucevents./html](http://www.salisbury.edu/guc/gucevents./html)



**GUC Events**  
Guerrieri University Center



## Heat That Food Up!

There's no reason to have cold leftovers for lunch – unless, of course, that's your thing. Microwaves for student use are available in Cool Beans and Gull's Nest.



## No Laptop? No Problem!

Computers available for student use can be found throughout the campus. Four general use computer labs are in the Guerrieri University Center 133E, Fulton Hall 142, TETC 116A and Blackwell Library 203. The other six labs are available for scheduled courses, events and general use.

Visit

[www.salisbury.edu/helpdesk/labs/](http://www.salisbury.edu/helpdesk/labs/) for more information!



## Save The Dates: Add/Drop & Withdrawal

Would you like to make changes to your fall schedule? Add/Drop period is August 30-September 3. Missed the Add/Drop period? The deadline to withdraw from classes is Friday, October 29, but keep in mind that you will get a grade W for the class!

# Upcoming Events

■ **Commuter Coffee Hour:** Start off the day with a cup of Joe. **Monday-Thursday, 8:30-9:30 a.m.** at Cool Beans.

■ **Good Morning, Commuters!:** Enjoy free breakfast at Cool Beans for commuter students! Come meet us, have some coffee, grab a pastry, relax and get ready for the day. Pick up one of our travel mugs or bring your own. **Tuesday, September 7, 8:30-9:30 a.m.**

■ **Lunch Series - "Eating Healthy on a College Budget":** Challenge the "freshman 15"! The University dietitian gives you tips on how to eat healthy on a college budget. **Wednesday, September 15, noon-1 p.m.** Lunch is on us and space is limited! Reserve your spot by signing up at the Information Desk.

■ **Good Morning, Commuters!:** Enjoy free breakfast at Cool Beans for commuter students! Come meet us, have some coffee, grab a pastry, relax and get ready for the day. Pick up one of our travel mugs or bring your own. **Tuesday, September 21, 8:30-9:30 a.m.**

■ **Good Morning, Commuters!:** Enjoy free breakfast at Cool Beans for commuter students! Come meet us, have some coffee, grab a pastry, relax and get ready for the day. Pick up one of our travel mugs or bring your own. **Tuesday, October 5, 8:30-9:30 a.m.**

■ **Lunch Series - "Time Management for Students on the Run":** Center for Student Achievement staff will help you learn more about time management strategies that will help you effectively juggle your different on and off campus responsibilities. **Wednesday, October 6, noon -1 p.m.** Lunch is on us and space is limited! Reserve your spot by signing up at the Information Desk.

■ **Commuter Appreciation Day:** Join us at the Fireside Lounge as we celebrate commuter students with lots of fun, activities, food and giveaways! **Thursday, October 14, 11 a.m.-2 p.m.**

■ **Good Morning, Commuters!:** Enjoy free breakfast at Cool Beans for commuter students! Come meet us, have some coffee, grab a pastry, relax and get ready for the day. Pick up one of our travel mugs or bring your own. **Tuesday, October 19, 8:30-9:30 a.m.**

■ **Lunch Series - "Dealing with Common College Conflicts":** Roommates, faculty, peers, parents, employers – they can all be sources of stress and conflict during your college experience. Learn how to deal with these conflicts from Counseling Center staff. **Wednesday, October 20, noon-1 p.m.** Lunch is on us and space is limited! Reserve your spot by signing up at the Information Desk.

## Don't forget to check out

[www2.salisbury.edu/calendars/Program/all\\_calendars.asp](http://www2.salisbury.edu/calendars/Program/all_calendars.asp) for a comprehensive calendar of all events on campus!



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