

Salisbury University
Health, Physical Education & Human Performance
HEALTH MINOR

REQUIRED COURSES - 12 CREDIT HOURS

HLTH 101	Basic Health	_____	3
HLTH 225	Health Behavior	_____	3
HLTH 350	Assessment & Evaluation of Health Programs	_____	3
HLTH 335 (HLTH 435)	Organization & Admin. of Health & Fitness Programs	_____	3

ELECTIVES - 6 CREDIT HOURS

HLTH 217 (HLTH 317)	Nutrition, Health & Human Performance	_____	3
HLTH 410 (HLTH 310)	Stress & Stress Management	_____	3
HLTH 311 (HLTH 411)	Human Sexuality Education	_____	3
HLTH 490	Special Topics in Health	_____	3

The minor in Health consists of a minimum of **18 credit hours**.

Required courses include:

HLTH 101	HLTH 225
HLTH 350	HLTH 435

In addition, students must complete 6 credit hours from these electives:

HLTH 317	HLTH 410
HLTH 411	HLTH 490

Students must complete each course with a grade of "C" or better.

The university requires that at least nine of these credit hours be earned at Salisbury University.

Health Education majors are not eligible to earn a minor in Health.