

Athletic Coaching Minor Course Requirement Checklist

Required courses (15 credit hours):

PHEC 213 Prevention & Management of Sports Injuries	3 _____
PHEC 330 Athletic Coaching	3 _____
PHEC 331 Coaching Youth Sports	3 _____
PHED 451 Psychosocial Aspects of PE	3 _____
EXSC 312 Strength Training and Program Design	3 _____

Complete one of the following courses (3 credit hours):

PSYC 101 General Psychology	3 _____
CMAT 100 Fundamentals of Communication	3 _____
CADR 100 Foundations of Conflict Resolution	3 _____

Students seeking a minor in athletic coaching must take 18 credit hours of coursework, as indicated above. Grades of "C" or better are required in all courses applicable to the minor.