

**Salisbury University
Health and Sport Sciences
Athletic Training**

2011 - 2012

GENERAL EDUCATION 42-43 Hours

GROUP I: English and Literature - 2 COURSES

- A. ENGLISH 103 (Grade of "C" or better) **OR**
HONORS 111 (if in Honors Program) 4
- B. LITERATURE (in either English or
Modern Languages) 4

GROUP II: History - 2 COURSES

- A. HISTORY 101, 102 or 103 4
- B. HISTORY 101, 102, 103 or a History
Course above 103 4

GROUP III: Humanities and Social Sciences

3 COURSES FROM 3 DIFFERENT AREAS

- A. **Select one course from the following 6 areas:**
Art, Communications, Dance /Theater Arts, Modern
Languages, Music, Philosophy.
(HONR 211 if in Honors Program)
- CMAT 100, 205, 250 4
- B. **Select one course from the following 6 areas:**
Anthropology, Conflict Analysis and Dispute
Resolution **OR** Sociology, Economics, **Human**
Geography, Political Science, Psychology.
(HONR 112 if in Honors Program)

PSYC 101 4

- C. Select **one** course from either Group III A or IIIB
(**course may not be from the same area selected
for IIIA or IIIB**)

3/4

**GROUP IV: Natural Science, Math and Computer
Science – 4 COURSES**

- A. BIOL 215 ("C" or better) 4
- PHYS 121 4
- B. BIOL 216 ("C" or better) 4
- C. MATH 155 3

GROUP V: Health Fitness - 1 COURSE

PHEC 108

REQUIRED MAJOR CORE CURRICULUM (17 HOURS)

- | | | |
|----------|---|--------------------------------|
| PHEC 108 | Introduction to Wellness & Fitness | 3 <input type="checkbox"/> F/S |
| EXSC 301 | Research Methods in Exercise Science | 3 <input type="checkbox"/> F/S |
| EXSC 312 | Strength Training Tech & Program Design | 3 <input type="checkbox"/> F/S |
| EXSC 332 | Exercise Physiology | 4 <input type="checkbox"/> F/S |
| EXSC 333 | Kinesiology | 4 <input type="checkbox"/> F/S |

ATHLETIC TRAINING MAJOR COURSES (55 HOURS)

- | | | |
|----------|--|-------------------------------|
| ATTR 185 | Introduction to Athletic Training | 4 <input type="checkbox"/> F |
| ATTR 213 | Pathology of Injury & Illness | 4 <input type="checkbox"/> S |
| ATTR 221 | Risk Management Strategies | 3 <input type="checkbox"/> S |
| ATTR 320 | Clinical Pathology | 3 <input type="checkbox"/> F |
| ATTR 321 | Clinical Evaluation & Management | 3 <input type="checkbox"/> S |
| ATTR 380 | Therapeutic Modalities | 4 <input type="checkbox"/> F |
| ATTR 381 | Orthopedic Assessment | 4 <input type="checkbox"/> F |
| ATTR 407 | Administration & Organization | 3 <input type="checkbox"/> S |
| ATTR 410 | Foundations of Therapeutic Exercise | 4 <input type="checkbox"/> S |
| ATTR 413 | Advanced Diagnostics & Management | 3 <input type="checkbox"/> F |
| ATTR 414 | General Medical Conditions | 4 <input type="checkbox"/> F |
| ATTR 420 | Clinical Rehabilitation & Conditioning | 3 <input type="checkbox"/> F |
| ATTR 479 | Athletic Training Practicum | 12 <input type="checkbox"/> F |
| HLTH 217 | Nutrition, Health & Human Performance | 3 <input type="checkbox"/> F |

ELECTIVE (3/4 credits)

* **MINIMUM NUMBER OF CREDITS NEEDED FOR GRADUATION: 120.**

- * Students must maintain a minimum of 30 hours of 300 and/or 400 level courses, each with a grade of "C" or better are required for graduation.
- * Students must maintain a minimum 2.8 GPA.
- * Students must achieve a minimum of "C" for all ATTR, EXSC and PHEC courses.
- * Students must gain admission into the Athletic Training Education Program prior to participation in the clinical education experience. See Athletic Training Procedure Manual for details.
- * Students must maintain current certification in 2-person CPR and AED through a nationally recognized agency.

**ATHLETIC TRAINING
SUGGESTED CURRICULUM
2011 - 2012**

FRESHMAN YEAR			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
ENGL 103 (or HNRS 111)	4	GEN ED II A (HIST)	4
CMAT 100, 205 or 205	4	PSYC 101	4
PHYS 121	4	MATH 155	3
PHEC 108	3	BIOL 215	4
TOTAL	15	TOTAL	15
SOPHOMORE YEAR			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
ATTR 185	4	ATTR 221 Proficiency Course	3
BIOL 216	4	ATTR 213	4
HLTH 217	3	EXSC 333	4
EXSC 332	4	GEN ED II B (HIST)	4
TOTAL	15	TOTAL	15
JUNIOR YEAR			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
ATTR 320 Proficiency Course	3	ATTR 321 Proficiency Course	3
ATTR 380	4	ATTR 410	4
ATTR 381	4	ATTR 407	3
EXSC 312	3	EXSC 301	3
GEN ED I B Literature	4	GEN ED III C	3/4
TOTAL	18	TOTAL	16/17
SENIOR YEAR			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
ATTR 420 Proficiency Course	3	ATTR 479	12
ATTR 413	3		
ATTR 414	4		
Elective	3/4		
TOTAL	13-14	TOTAL	12