

Name: _____

ID: _____

Date: _____

Core Courses (12 credit hours)

- ___3 AHPH 532 Exercise Metabolism (Spring/Summer)
- ___3 AHPH 534 Human Psychophysiology (Fall/Spring)
- ___3 AHPH 542 Exercise Programming, Nutrition and Weight Control (Fall/Spring)
- ___3 AHPH 553 Clinical Physiology (Spring/Summer)

Research Methods Courses (9 credit hours)

Students must complete one of these 3 courses:

- ___3 AHPH 502 Introduction to Research (Fall/Spring)
- OR**
- ___3 EDUC 502 Introduction to Research (Fall/Spring)
- OR**
- ___3 NURS 544 Quantitative Research in Health Care (Spring)

Students must complete both of these courses:

- ___3 AHPH 691 Research in Physiology (Fall/Winter/Spring/Summer)
- ___3 MATH 502 Applied Statistics (Fall/Spring)

Electives (15 credit hours)

- ___3 AHPH 512 † ‡ Strength Training Techniques and Program Design (Fall)
- ___3 AHPH 513 † ‡ Exercise & Strength Training for Rehabilitation (Spring)
- ___3 AHPH 514 † ‡ • Muscle Physiology, Adaptations to Training and Suppl. (Fall)
- ___3 AHPH 515 † ‡ Applied Strength & Conditioning (Fall/Spring)
- ___3 AHPH 537 • ‡ Emergency Procedures for Cardiovascular Life Support (Spring)
- ___3 AHPH 544 • ‡ Pharmacological Aspects of Clinical Physiology (Fall Odd Years)
- ___3 AHPH 545 • ‡ Cardiopulmonary Aspects of Physiology (Fall)
- ___3 AHPH 546 • ‡ Human Dev. and Aging in Pop. with Chronic Disease (Spring)
- ___3 AHPH 562 † ‡ • Trends & Issues in Physiology (Winter/Summer)
- ___3 AHPH 590 † ‡ • Selected Topics in Applied Health Physiology (Winter/Summer)
- ___3 AHPH 692 † ‡ • Applied Health Physiology Internship (Winter-Spring/Fall-Summer)

Students must complete a total of 36 credit hours including:

- 12 credit hours **Core courses**
- 9 credit hours **Research methods courses**
- 15 credit hours **Electives**

Keys for recommended elective courses by area of program focus:

† Strength & Conditioning, ‡ Fitness/Wellness, • Cardiovascular/Pulmonary Rehabilitation