

Name: _____

ID: _____

Date: _____

General Education Requirements:

Group I- English Composition and Literature (2 courses)

- A. ENGL 103 ("C" or better) or HONR 111 _____ 3/4
 B. Literature (either ENGL or MDFL) _____ 3/4

Group II- History (2 courses)

- A. HIST 101, 102, or 103 _____ 3/4
 B. HIST 101, 102, 103, or a HIST course above 103 _____ 3/4

Group III-Humanities & Social Sciences (3 courses)

- A. Select one course from one of the following six areas: ART, CMAT, DANC or THEA, MDFL, MUSC, PHIL, HONR
 _____ 3/4

- B. Select one course from one of the following seven areas: ANTH, CADR, ECON, GEOG, POSC, PSYC, SOCI, HONR
 _____ 3/4

- C. Select one course from either Group IIIA or III B (course must be from a different area than previously selected)
 _____ 3/4

Group IV- Natural Science, Math, and Computer Science (4 courses)

- A. BIOL 215 ("C" or better) _____ 4
 CHEM or PHYS w/Lab _____ 4
 B. BIOL 216 ("C" or better) _____ 4
 C. Select one course from MATH _____ 3/4

Group V-Health Fitness (1 course)

- PHEC 106 _____ 3

Policies

1. Refer to your catalog for approved general education courses.
2. Students must achieve a "C" or better in each required EXSC professional course.
3. All graduates must have a minimum of 30 credits of 300/400 level courses, each with "C" grade or above and at least 15 of those credits must be taken at SU.
4. Students must have a minimum cumulative GPA of a 2.0 for graduation.
5. Students must complete at least 30 credits hours by direct classroom instruction and/or laboratory experience.
6. Students must take 30 of the last 37 credit hours at SU.
7. Please see your degree progress report in GullNet for your academic progress.
8. It is the student's responsibility to satisfy graduation requirements. Please refer to your catalog for detailed major requirements.
9. Students must apply online for graduation by Nov. 15 for May and May 15 for December.

Major Requirements:

	Year	Grade		Year	Grade
EXSC 102			Emergency Procedures	_____	3_____
EXSC 185			Introduction to Exercise Science	_____	1_____
EXSC 213			Prev & Management of Ex Injuries	_____	3_____
HLTH 217			Nutrition, Health & Human Perf	_____	3_____
EXSC 237			Exercise Leadership	_____	3_____
EXSC 240			Fitness Testing	_____	3_____
EXSC 312			Strength Train Tech & Program Design	_____	3_____
EXSC 332			Exercise Physiology	_____	4_____
EXSC 333			Kinesiology	_____	4_____
EXSC 335			Health-Fitness Programs	_____	3_____
EXSC 462			Exercise & Special Populations	_____	4_____
EXSC 481			Stress Testing & Exercise Prescription	_____	4_____

Allied Health Track Courses (24 hours)

Select at least 24 credit hours from the courses listed below

BIOL 210	Biology: Concepts and Methods	_____	4_____
BIOL 211	Microbiology	_____	4_____
BIOL 213	Zoology	_____	4_____
CHEM 121	General Chemistry I	_____	4_____
CHEM 122	General Chemistry II	_____	4_____
CHEM 221	Organic Chemistry I	_____	4_____
CHEM 222	Organic Chemistry II	_____	4_____
EXSC 301	Research Methods in Exercise Science	_____	3_____
EXSC 308	Research in Exercise Science	_____	3_____
MATH 155	Statistics	_____	3_____
MATH 160	Introduction to Applied Calculus	_____	4_____
PHYS 121	General Physics I	_____	4_____
PHYS 123	General Physics II	_____	4_____
PSYC 101	Introduction to Psychology	_____	4_____
PSYC 300	Developmental Psychology	_____	4_____
RESP 303	Cardiopulmonary Physiology	_____	3_____
RESP 304	Cardiopulmonary Disease	_____	3_____
RESP 322	Pharmacology	_____	3_____
RESP 402	Pulmonary Diagnostics & Rehabilitation	_____	4_____

PROFESSIONAL SEMESTER (12 HOURS)

EXSC 479	Internship in Exercise Science	_____	10_____
EXSC 480	Exercise Science Credentialing	_____	2_____

**EXERCISE SCIENCE – ALLIED HEALTH TRACK
SUGGESTED COURSE SEQUENCE
2009- 2010**

Freshman Year			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
Gen ED I A	4	Gen ED I B	4
GEN ED II A	4	GEN ED III A	4
EXSC 185	1	PHEC 106	3
EXSC 102	3	BIOL 216	4
BIOL 215	4		
TOTAL	16	TOTAL	15
Sophomore Year			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
EXSC 237	4	EXSC 217	3
EXSC 213	4	EXSC 240	3
GEN ED III B	4	Gen ED II B	4
GEN ED III C	4	Physics or Chemistry	4
TOTAL	16	TOTAL	14
Junior Year			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
EXSC 332	4	EXSC 333	4
EXSC 312	4	EXSC 335	3
MATH 155	3	Elective	3-4
Elective	3-4	Elective	3-4
TOTAL	14-15	TOTAL	13-15
Senior Year			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
EXSC 462	4	EXSC 479	10
EXSC 481	4	EXSC 480	2
Elective	3-4		
Elective	3-4		
TOTAL	14-16	TOTAL	12

*** Selected electives must result in an accumulation of the 120 credit hours required for graduation