

Name: \_\_\_\_\_

ID: \_\_\_\_\_

Date: \_\_\_\_\_

**COURSE REQUIREMENT CHECKLIST**

**REQUIRED COURSE - 11 CREDIT HOURS:**

EXSC 332	Exercise Physiology	_____	4
EXSC 333	Kinesiology	_____	4
HLTH 217	Nutrition, Health & Human Performance	_____	3

**ELECTIVES – AT LEAST 9 CREDIT HOURS FROM THE FOLLOWING COURSES:**

EXSC 213	Prevention & Management of Exercise Injuries	_____	3
EXSC 240	Fitness Testing	_____	3
EXSC 312	Strength Training Techniques & Program Design	_____	3
EXSC 462	Exercise & Special Populations	_____	4
EXSC 481	Stress Testing & Exercise Prescription	_____	4

- ❖ The minor in Exercise Science consists of a minimum of 20 credit hours.
- ❖ **Students must complete each course with a grade of “C” or better.**
- ❖ The university requires that at least **nine (9) of these hours must be earned at the university.**

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***Exercise Science majors are not eligible to earn a minor in Exercise Science.***