

2010 – 2011

**Health & Sport Sciences Department**  
**HEALTH EDUCATION**  
*Community Health Track*

**GENERAL EDUCATION (46 Hours)**

**GROUP I: English and Literature - 2 COURSES**

A. ENGLISH 103 (Grade of "C" or better) **OR**  
 (HONR 111 if in Honors Program) 4 \_\_\_\_\_

B. LITERATURE (in either English or  
 Modern Languages) 4 \_\_\_\_\_

**GROUP II: History - 2 COURSES**

A. HISTORY 101, 102 or 103 4 \_\_\_\_\_

B. HISTORY 101, 102, 103 or a History  
 Course above 103 4 \_\_\_\_\_

**GROUP III: Humanities and Social Sciences –  
 3 COURSES FROM 3 DIFFERENT AREAS**

A. **Select one course from the following 7 areas:**  
 Art, Communications, Dance /Theater Arts, Modern  
 Languages, Music, Philosophy.  
 (HONR 211 if in Honors Program)  
 \_\_\_\_\_ 4 \_\_\_\_\_

B. **Select one course from the following 7 areas:**  
 Anthropology, Conflict Analysis and Dispute  
 Resolution **OR** Sociology, Economics, **Human**  
 Geography, Interdisciplinary Studies, Political  
 Science, Psychology.  
 (HONR 112 if in Honors Program)  
 PSYC 101 4 \_\_\_\_\_

C. Select **one** course from either Group III A or IIIB  
**(course may not be from the same area selected  
 for IIIA or IIIB)**  
 \_\_\_\_\_ 4 \_\_\_\_\_

**GROUP IV: Natural Science, Math and Computer  
 Science – 4 COURSES**

A. BIOL 215 4 \_\_\_\_\_

CHEM or PHYS (with lab) 4 \_\_\_\_\_

B. BIOL 216 4 \_\_\_\_\_

C. MATH 3 \_\_\_\_\_

**GROUP V: Health Fitness - 1 COURSE**

PHEC 106 3 \_\_\_\_\_

**REQUIRED MAJOR CORE CURRICULUM (27 HOURS)**

HLTH 110 Foundations of Health Education 3 \_\_\_\_\_

HLTH 120 Consumer Health and Safety 3 \_\_\_\_\_

HLTH 217 Nutrition, Health & Human Performance 3 \_\_\_\_\_

HLTH 225 Health Behavior 3 \_\_\_\_\_

HLTH 230 Chronic & Communicable Diseases 3 \_\_\_\_\_

HLTH 240 Drug Education 3 \_\_\_\_\_

HLTH 311 Human Sexuality Education 3 \_\_\_\_\_

HLTH 325 Planning & Assessing Health Ed Programs 3 \_\_\_\_\_

HLTH 401 Community Health 3 \_\_\_\_\_

**Community Health Professional Experience (15 HOURS)**

PSYC 101 General Psychology 3 \_\_\_\_\_

HLTH 480 Internship in Community Health 12 \_\_\_\_\_

**† MINOR 18-22 HOURS**

(Based on minor with one course applied to Gen. Ed. credits)

**Minor:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
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**Free Electives 13 – 17 Credit hours**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**\* MINIMUM NUMBER OF CREDITS NEEDED FOR GRADUATION: 120 CREDITS**

\* Students must achieve a "C" or better for all Required Major Core Curriculum courses.

\* All required Major Core Curriculum courses must be completed before being admitted into the internship experience.

† All Community Health Track students must complete an approved minor.

**Community Health Track  
Suggested Course Sequence  
2010 – 2011**

FRESHMAN YEAR			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
Gen ED I A	4	GEN ED II B	4
GEN ED II A	4	PSYC 101	4
GEN ED III A	4	HLTH 120	3
HLTH 110	3	PHEC 108	3
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>14</b>
SOPHOMORE YEAR			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
BIOL 215	4	BIOL 216	4
GEN ED III C	4	HLTH 217	3
HLTH 230	3	HLTH 240	3
HLTH 225	3	Elective	3
		Elective	3
<b>TOTAL</b>	<b>14</b>	<b>TOTAL</b>	<b>16</b>
JUNIOR YEAR			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
Elective	3	GEN ED I B	4
Minor Elective	4	GEN ED Group IV A	4
HLTH 311	3	Minor Elective	4
HLTH 325	3	Minor Elective	4
MATH	3		
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>16</b>
SENIOR YEAR			
FALL SEMESTER	CREDITS	SPRING SEMESTER	CREDITS
HLTH 401	3	HLTH 480	12
Minor Elective	4	Elective	3
Minor Elective	4		
Elective	3		
<b>TOTAL</b>	<b>14</b>	<b>TOTAL</b>	<b>15</b>