

Curriculum Vitae

NAME

Office Address

Home Address

Telephone

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ACADEMIC RANK: POSTDOCTORAL FELLOW

EDUCATION

University of Pennsylvania 2003 – present
Center for Sleep and Respiratory Neurobiology and School of Nursing
Philadelphia PA

Post doctoral fellowship in sleep research

Mentor: Terri E. Weaver, Ph.D., FAAN

Rutgers, The State University of New Jersey 1993-2001
Graduate School Newark
Newark, NJ

Ph. D. Nursing

Dissertation: The relationship between symptoms and functional performance in
COPD

Columbia University 1989-1991
School of Nursing
New York, NY

M.S. Nursing (critical care track)

Wilkes University 1975-1984
Wilkes Barre, PA
B. S. Nursing, *magna cum laude*

Wilkes University 1973-1978
Wilkes Barre PA
M. S. Biology

University of Denver 1963-1967
Denver, CO
B. A. Zoology

TEACHING EXPERIENCE

Course coordinator 2005
University of Pennsylvania
Philadelphia PA 19104

Senior Inquiry: *help students formulate research questions, critique drafts of
written work, maintain course records*

Seminar Leader 2003-2004
University of Pennsylvania
Philadelphia PA
Nursing care of young and middle aged adult: *lead discussions of case studies related to didactic content of course*

Assistant Professor 1997-2003
Wilkes University
Wilkes Barre, PA
Clinical Instructor:
Medical/Surgical Nursing: *supervised undergraduate students in the second and third clinical courses*
Senior Practicum: *supervised undergraduate students who were working with individual preceptors during capstone clinical course*
Theory:
Physical Assessment
Nursing Care of the Adult Client II: *taught cardiopulmonary and neuroscience nursing: to undergraduate students*
Nursing Practice II: *taught care of people undergoing surgery, and nursing of immune system, cardiopulmonary, and neurological disorders, and cancer to second degree students, entry to practice program*
Pharmacology: *taught one semester of three-semester pharmacology course (drugs which act on cancer, and cardiopulmonary, and neurological systems) for second degree students*

Adjunct Instructor 1995-1997
Wilkes University, Wilkes Barre, PA
Clinical Instructor:
Medical/Surgical Nursing
Classroom teaching:
Nursing Care of the Adult Client II: Cardiovascular Nursing

Adjunct Instructor 1991-1993
Luzerne County Community College
Nanticoke PA
Clinical Instructor:
Nursing Fundamentals: first clinical course, medical/surgical nursing
Physical and Mental Illness Nursing: final clinical course, medical/surgical nursing
Classroom teaching:
Nursing Fundamentals
Physical and Mental Illness Nursing

CLINICAL EXPERIENCES

Staff nurse: telemetry, respiratory intensive care/step-down unit, and per diem pool (critical care units and telemetry). 1985-2005
Wyoming Valley Health Care System
Wilkes Barre, PA

Camp nurse 1985, 1986

Camp Ramah in the Poconos, Lake Como, PA

Camp nurse
Jewish Community Center Day Camps
Wilkes Barre PA

1984

PUBLICATIONS

Articles –Research

Authors' Names. (2006) Intimacy and Sexuality in Obstructive Sleep Apnea: The Effect of Treatment. In revision.

Authors' Names. (2006). Sleep and human relationships: A qualitative analysis. *Issues in Mental Health Nursing* 27(3), 319-330.

Author's Name. (2005). The relationship between symptoms and functional performance in COPD. *Research in Nursing and Health* 28(1), 39-47.

Articles-Clinical

Author's Name. (2005). Sleep in mechanically ventilated patients. *Critical Care Nursing Clinics of North America*,17(3), 251-5.

Author's Name. (1993). Liver failure: Case study of a complex problem. *Critical Care Nurse* 13, 36-44.

Author's Name. (1991) Continuous arteriovenous hemofiltration: Dialysis with a difference. A teaching/reference guide for nurses. Columbia Presbyterian Hospital, New York, NY.

Author's Name. (1991). Let's make nursing the visible profession. *Nursing* 91, 21 (11), 148-150.

Reviews

Author's Name. (2005). Review: Hospital at home is as effective as inpatient care for mortality and hospital readmissions in patients with acute exacerbations of chronic obstructive pulmonary disease. *Evidence-Based Nursing* 8(1), 23.

Author's Name. (2003). *Understanding Colon Cancer. Choice* 40 (3).

Author's Name. (2002). *Assessing and Measuring Caring in Nursing and Health Science. Choice* 39, (10).

Author's Name. (2001). *The Lost Art of Caring: A challenge to health professionals, families, communities, and society Choice* 39, (4).

Abstracts

Authors' Names (2005). Relationship between Activation and Daily Function in OSA and Response to CPAP. *Sleep*,28 (abstract supplement), A172.

Authors' Names (2005) Intimacy and Sexuality in Obstructive Sleep Apnea: The Effect of Treatment. *Proceedings of the American Thoracic Society*,2 (abstracts issue), A763

Authors' Names (2004). Comparison of daytime sleepiness and function pre- and post-CPAP treatment among levels of sleep apnea disease severity and normal controls.[Abstract]. *Sleep*, 27, A204-205.

Author's Name.(2000). Relationship of dyspnea and fatigue to subjective sleep quality in COPD patients (abstract). *Sleep* 23 (Supp 2), A344.

In Preparation

Authors' Names (2006). Relationship between Activation and Daily Function in OSA
Author's Name. Sleep, Breathing, and Neurobehavior in COPD: Are They
Related? Review of the literature.

Authors' Names Adherence to CPAP treatment
and functional status in adult obstructive sleep apnea, in *Sleep apnea :
pathogenesis, diagnosis, and treatment*, A.I. Pack, Editor, M. Dekker: New
York.

Other

Author Name. (2005) Respiratory Care Modalities, (revision), for S. C. Smeltzer & B.
G. Bare (eds.): *Brunner & Suddarth's Textbook of Medical-Surgical Nursing, 11th
edition*. Philadelphia: Lippincott.

PRESENTATIONS

Authors' Names (2006). Self-efficacy and CPAP Side Effects. Accepted for poster
presentation, Sleep 2006, Salt Lake City, Utah.

Authors' Names (2006). Prediction of Improvement in Sleepiness and Function
Following CPAP Treatment. Accepted for poster presentation, American Thoracic
Society International Conference, San Diego CA.

Authors' Names (2005). Relationship between Activation and Daily Function in OSA
and Response to CPAP. Eastern Nursing Research Society, April 2006.

Author's Name. (2005) Research is a journey: Turn at the barn that used to be red. Oral
presentation, Research Colloquium, School of Nursing, University of
Pennsylvania.

Author's Name. Improving Quality of Life for People with COPD: Starting a Program of
Research. Oral presentation, Nursing Department, University of Medicine and
Dentistry, Newark NJ, January 2006.

Author's Name. Improving Quality of Life for People with COPD: Starting a Program of
Research. Oral presentation, Nursing Department, Pennsylvania State
University, State College, PA, January 2006.

Authors' Names (2005). Relationship between Activation and Daily Function in OSA
and Response to CPAP Treatment. Oral presentation, Associated Professional
Sleep Societies, Denver CO.

Authors' Names (2005) Intimacy and Sexuality in Obstructive Sleep Apnea: The Effect
of Treatment. Poster presentation, American Thoracic Society International
Conference, San Diego CA.

Author's Name. (2005). Do I want to sleep or do I want to breathe: Sleep in COPD.
Eastern Nursing Research Society, Preconference workshop, 17th annual
scientific presentations, New York, NY

Authors' Names (2005). Sleepiness and human relationships: A qualitative analysis.
Eastern Nursing Research Society, 17th annual scientific presentations, New
York, NY

Authors' Names. (2004). Does cognitive dysfunction conform to a distinctive pattern in
obstructive sleep apnea syndrome? *Journal of Sleep Research*, 79-86 Presented
at Center for Sleep and Respiratory Neurobiology Journal club, December 2004.

Author Name. (2004). Sleep problems and how to live with them. Leisure Lounge,
Jewish Community Center of Wyoming Valley, Wilkes Barre, PA

- Authors' Names.** (2004) Comparison of Daytime Sleepiness and Function Pre- and Post- CPAP Treatment Among Levels of Sleep Apnea Disease Severity and Normal Controls. Oral presentation, Associated Professional Sleep Societies, Philadelphia, PA.
- Author's Name.** (2004). Sleep problems and how to live with them. Saltzman House, Jewish Federation Campus Apartments, Cherry Hill NJ.
- Authors' Names.** (2004). Neurobehavioral Functioning in Obstructive Sleep Apnea: Differential Effects of Sleep Quality, Hypoxemia and Subjective Sleepiness. *Journal of Clinical and Experimental Neuropsychology* 26, 43-54. Presented at Center for Sleep and Respiratory Neurobiology Journal club, March, 2004.
- Authors' Names** (2004). Comparison of mood in controls and levels of OSA severity, pre and post CPAP treatment. Oral and Poster presentation, North East Sleep Society, Allentown PA.
- Authors' Names** (2003). Sleep hypoventilation in hypercapnic chronic obstructive pulmonary disease: Prevalence and associated factors. *European Respiratory Journal*, 21(6), 977-984. Presented at Center for Sleep and Respiratory Neurobiology Journal club, November 2003.
- Author Name.** (2003). The relationship between symptoms and functional performance in people with COPD. Poster presentation. National COPD Conference, Arlington VA.
- Author Name.** (2001) The relationship between symptoms and functional performance in people with COPD. Poster presentation. Zeta Psi Research Day. Wilkes Barre, PA.
- Author Name.** (2001) The relationship between symptoms and functional performance in people with COPD. Eastern Nursing Research Society, annual scientific presentations. Atlantic City, NJ.
- Author Name.** (2001) The relationship between symptoms and functional performance in people with COPD. Brown bag lunch, Nursing Department, Wilkes University.
- Author Name.** (2000). Relationship of dyspnea and fatigue to subjective sleep quality in COPD patients. Poster presentation. Associated Professional Sleep Societies annual meeting, Las Vegas, NV.

RESEARCH

- Authors' Names.** (2005) Sleep, breathing, and Neurobehavior in COPD: A pilot study. In progress.
- Costigan, M., Cutaia, M., & **Reishtein, J. L.** (2000). Factors influencing patient compliance with long term oxygen therapy: Development of instrument.
- Author Name.** (2000). The relationship between symptoms and functional performance in people with COPD.

GRANTS AND AWARDS

Sleep, breathing, and neurobehavior in COPD. Hartford Center for Geriatric Nursing Excellence Frank Morgan Jones Fund grant for pilot study, University of Pennsylvania. Principal Investigator. \$2441, March 1, 2005 through May 31, 2006.

The relationship between symptoms and functional performance in people with COPD. Dean's Dissertation Grant, Rutgers, The State University of New Jersey, \$2000. May – August, 2000.

The relationship between symptoms and functional performance in people with COPD. Research scholarship, \$100, Zeta Psi Chapter of Sigma Theta Tau, 1994

Rutgers Excellence Fellowship, (for doctoral study), 1993-1995

Outstanding academic achievement in nursing, Wilkes University, 1984

Sigma Theta Tau, international honor society of nursing, 1983

Centennial Scholar, University of Denver, 1963

PROFESSIONAL ACTIVITIES

Committees

Diversity Task Force, Wilkes University (2002 to 2003).

Student Life and Media, Wilkes University (2002 to 2003)

Faculty Affairs Committee, Nursing Department, Wilkes University (2001-2003, chair)

Student Affairs Committee, Nursing Department, Wilkes University (1997-2001; chair 1998-2000)

Curriculum Committee, Nursing Department, Wilkes University (1999-2003)

Manuscript reviewer:

Research in Nursing and Health (2006)

Cardiovascular Nursing (2005)

Heart and Lung (2005, 2006)

Nursing Research (2004)

The Interface of Sleep in *Palliative Practices* (2004). Elsevier. Prepublication reviewer

Associated Professional Sleep Societies, Abstract reviewer for annual meeting (2004, 2005)

Professional Organizations and Memberships

American Academy of Sleep Medicine

American Association of Critical-Care Nurses

American Nurses Association

American Thoracic Society

Eastern Nursing Research Society

Luzerne-Lackawanna Association of Critical-Care Nurses

Respiratory Nursing Society

Sigma Theta Tau, International Honor Society of Nursing

Zeta Psi Chapter: President 2005 – present

Zeta Psi Chapter: President elect 2003-2005

LICENSURES AND CERTIFICATIONS

Pennsylvania RN-269576-L (since 1984)

New York 433556 (since 1990, inactive)

BLS (since 1981)

ACLS (since 1988)

CCRN 82857 (certified 1990-2005, alumnus status July 2005)

OTHER ACTIVITIES

Publications

Author Name. (2005). Mothering Becky (short story). *Nursing 2005*

Author Name. (2003). Hitler's Coffin (short story). *Focus: Jewish Life in NEPA* 1(5), 18-19.