

Athletics

PROFILE: BYRON



I learned on and off the field

Being a member of the football team brings a lot to the table. I learned a lot about time management while trying to juggle lifting, working out, practice, class, studying, community service and team meetings. On the football field and off, SU is a place where academics are a priority. During my senior year as a communication arts and information systems double major, I carried 18 credits for a semester. With these kinds of responsibilities, I can't be sitting at home playing video games, e-mailing or IMing. I am in the computer labs, library and studying when I am not doing football stuff. I also found brotherhood within the team [Byron's real-life brother is Philadelphia Eagle Brian Westbrook]. I formed a lot of friendships that I'll keep for the rest of

my life. When I was crowned Homecoming king, I had the cheers—and lots of laughs—of my teammates backing me up. At the last home football game of the season we celebrate Senior Day. It was amazing to walk onto the field and have a standing ovation from the crowd on both sides. Standing there with my parents on the field was the highlight of my time at SU. Being a Sea Gull means a lot to me.



VARSITY ATHLETICS

SU participates in NCAA Division III intercollegiate athletics. Our teams are highly competitive, routinely claiming the conference championships, and in recent years, the field hockey and men's lacrosse teams have captured NCAA Division III championships. In addition to stressing sportsmanship and physical excellence, our scholar-athletes are routinely honored for their academic success.



JUST THE FACTS

Varsity teams: **21** • Club sports: **13**

Intramural tournaments a year: **12**

National titles captured in the last five years: **7**

Capital Athletic Conference titles held: **9 of 18**

Students on CAC All-Academic Team: **188**

CLUB SPORTS

Salisbury University's club sports allow even the beginning athlete to shine. Completely organized and run by students, club sports offer a flexible way to be active in a competitive sport. With clubs ranging from sailing and ice hockey to our national champion Ultimate Frisbee and men's rugby teams, the opportunity to have fun on the field is endless.

WANT TO PLAY?

Looking for a little organized recreation every once and a while? Salisbury University's Intramural Program offers structured leagues and tournaments in sports ranging from flag football to dodgeball. With a steady offering of on-campus tournaments, Intramurals are a good way to stay active and competitive while having fun with your friends and classmates.

STAYING FIT

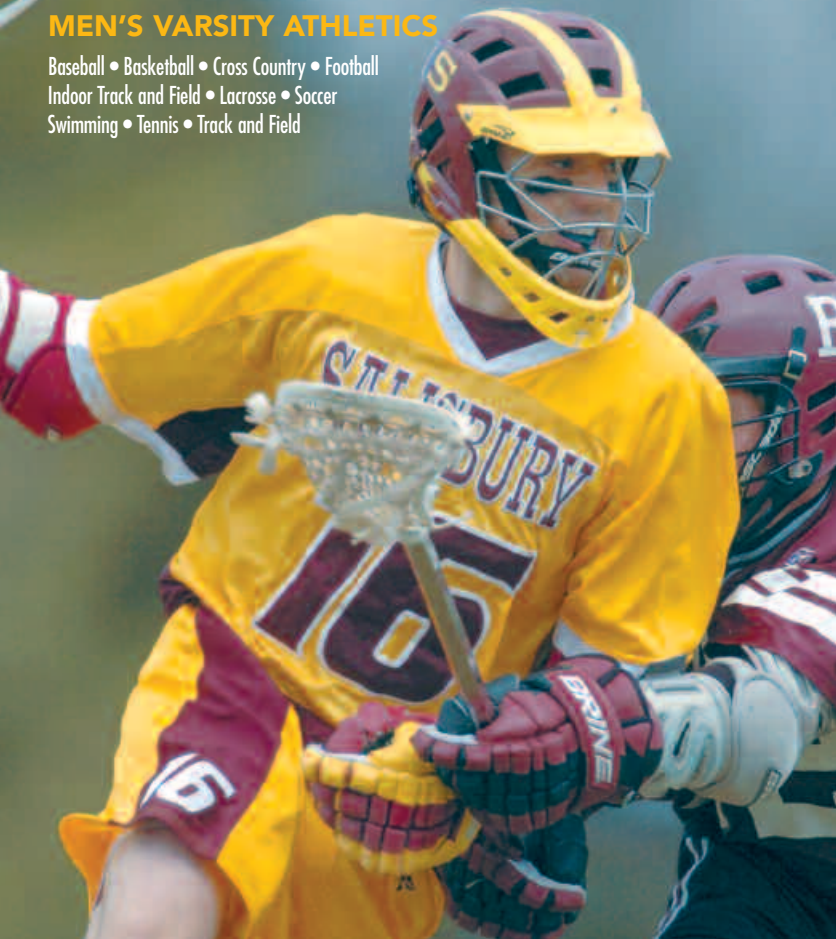
When *Men's Fitness* magazine named Salisbury University one of the nation's 15th fittest campuses, it was proof of the success of SU's top athletics programs and cutting-edge fitness facilities. Riding away their cares in a spinning class, pounding out power sets in the Nautilus Room or climbing to new heights on the rock wall, SU students have found that fitness and fun are a winning combination.



SALISBURY

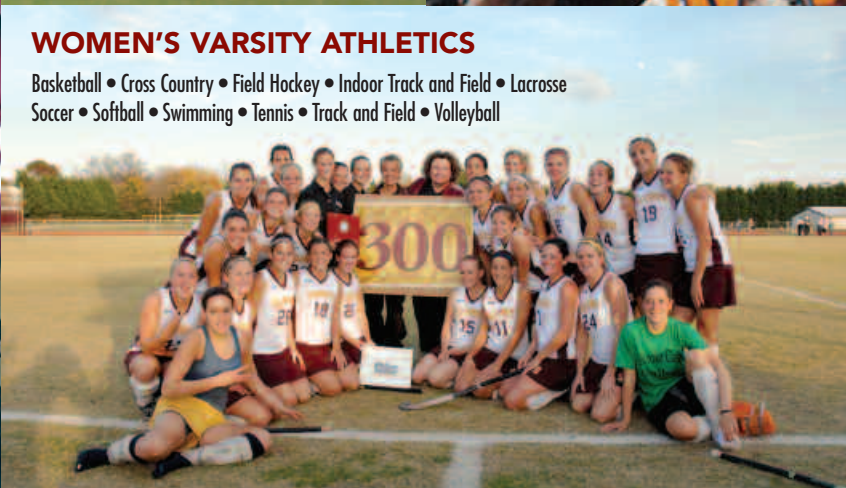
MEN'S VARSITY ATHLETICS

Baseball • Basketball • Cross Country • Football
Indoor Track and Field • Lacrosse • Soccer
Swimming • Tennis • Track and Field



WOMEN'S VARSITY ATHLETICS

Basketball • Cross Country • Field Hockey • Indoor Track and Field • Lacrosse
Soccer • Softball • Swimming • Tennis • Track and Field • Volleyball



MILESTONES

- men's lacrosse wins seven national championships (1994, 1995, 1999, 2003, 2004, 2005, 2007)
- field hockey wins four national championships (1986, 2003, 2004, 2005)
- football wins ECAC Bowl championship (2005, 2006)
- men's rugby club wins three Collegiate Division II national championships (1996, 1997, 2004)
- every varsity sport has been represented in NCAA tournament play

