

**Pre-Athletic Training Checklist**

Name: \_\_\_\_\_

ID# \_\_\_\_\_

DATE: \_\_\_\_\_

**THIS CHECKLIST IS AN UNOFFICIAL TOOL FOR PLANNING.**

Matriculated students and advisors should consult the Academic Requirements Report in GullNet before and after registering for classes each semester to track academic progress.

Advising for Pre-Health plans is available through the Health Professions Advisory Program (HPAP).

**PRE-ATHLETIC TRAINING REQUIREMENTS**

- Preparation for graduate programs in this field requires that certain pre-requisite courses be completed and that the applicant take the necessary admissions exam required by the intended graduate school.
- “Required” courses listed were required by >75% of schools surveyed.
- “Recommended” courses are suggested for proper preparation for graduate/doctoral programs and were required by >50% of schools surveyed.
- You must check the prerequisites of all schools you are considering, as requirements vary.
- Maintain a minimum cumulative GPA of 3.0 to be considered as a viable candidate for graduate/doctoral programs.
- Refer to program of choice for suggested patient observation, shadowing, and volunteer hours required. Most schools do not require hours, but some do.
- Explore leadership and study abroad opportunities that enhance undergraduate experience.
- All pre-health students should seek further advisement and guidance provided by Health Professions Advisory Program advisors (HPAP: <https://www.salisbury.edu/academic-offices/advising-center/hpap/>).

**YOU MUST HAVE A PRIMARY MAJOR –**

**This curriculum is in addition your major requirements and only pertains to suggested prerequisites for Athletic Training programs – NOT your Salisbury University degree.**

Course No. & Title	#Credits	Grade	Taken @SU	Term Completed
<b>Required Courses:</b>				
BIOL 101 – Fundamentals of Biology	4	_____	Y/N	_____
<b>OR</b>				
BIOL 201 – Intro: Molecular & Cell	4	_____	Y/N	_____
BIOL 215 – Anatomy & Physiology I	4	_____	Y/N	_____
BIOL 216 – Anatomy & Physiology II	4	_____	Y/N	_____
CHEM 121 – General Chemistry I	4	_____	Y/N	_____
EXSC 317 – Nutrition, H&H Perform	4	_____	Y/N	_____
<b>OR</b>				
HLSC 225 – Nutrition Health Sciences	4	_____	Y/N	_____
EXSC 344 – Exercise Physiology	4	_____	Y/N	_____
MATH 155 – Modern Statistics	3	_____	Y/N	_____
<b>OR</b>				
MATH 216 – Statistical Thinking	4	_____	Y/N	_____
PHYS 121 – General Physics I	4	_____	Y/N	_____
<b>OR</b>				
PHYS 221 – Physics I	4	_____	Y/N	_____
PSYC 101 – General Psychology	4	_____	Y/N	_____
<b>Recommended Courses:</b>				
ATTR 210 – Foundations of AT	4	_____	Y/N	_____
EXSC 333 – Kinesiology	4	_____	Y/N	_____
EXSC 345 – Biomec of Human Mvnt	4	_____	Y/N	_____
HLSC 301 - Human Pathophysiology for Health Care Majors	4	_____	Y/N	_____
HLTH 450 - U.S. Health Care and Public Health	3	_____	Y/N	_____
<b>Useful Elective Courses:</b>				
FTWL 102 – First Aid and Emerg Care	1	_____	Y/N	_____
HLSC 201 – Medical Terminology	3	_____	Y/N	_____