





INFORMATION

- Website: search “exercise science internship” on SU site
- Remind Text App: Join by sending message @exscintern to 81010
- Instagram: [SU_EXSC_Intern](#)



Pre-requisites

- Must have completed
 - EXSC 344 (Exercise Physiology)
 - EXSC 333 (Kinesiology)
 - 90 Total Credits
- *You will begin the Internship process when you are taking these courses and fall between 75-90 credits



How Many Credits/ Hours

- Internship is a total of 10 credits = 375 working hours (1 credit = 37.5 hours)
- Credits MAY be divided across 2 semesters
 - Winter term (3 credits)
 - Spring or Fall term (3-10 credits)
 - Summer term (3-10 credits)*

*You may take all 10 credits of Internship in the summer. If all other course work is complete: diploma will be conferred at the end of Summer term and you will walk in Fall ceremony.



Credits cont...

- You may NOT exceed 17 total credits in any semester that you are enrolled in internship.
- You may NOT enroll in less than 3 credits in any given semester
- You may NOT take more than the mandatory 10 internship credits



Length of each semester

Spring and Fall intern

Begins day one of the semester ONLY. All hours must be complete before Finals week.

Winter and Summer intern

Begins the day after Spring or Winter Graduation. You do NOT have to wait for the 1st day of the term



Type of Internship

TYPE: (Must be specific to our field) Physical Therapy Clinics

Gyms

Occupational Therapy

Cardiac Rehab

Assisted Living

facilities

Chiropractic

Youth Sports Training

Hospitals

Rec

Centers

ETC.....



Location

- Local / Nationally/ or International

You have the freedom to find a site wherever you will be living for that semester.

**contact Ms. Mazzetti for International Opportunities



Finding a site

Create a list of **potential sites**

Contact each site & provide:

- a) Resume
- b) Hours of availability
- c) How many total hours & how many hours per week that you will need (# of weeks in the semester – Finals week – any time off you foresee ie. Spring break)

- EX: Spring 14 weeks – 1 Finals week – Spring break=12
- weeks 10 credits x 37.5 hours = 375 hours
- 375 hours / 12 weeks = approx. 31 – 32 hours per week

**You may be paid for your internship, however please know only 1% of opportunities are paid*

Please contact Ms. Heather Mazzetti or Mrs. Abby Gibson prior to securing a placement with any **Medstar location



How to Start

Complete the following

ASAP

- **Application Survey**

https://salisbury.co1.qualtrics.com/jfe/form/SV_1LVdgc77h8AtrWB

Complete by end of open enrollment

- **Site Agreement form**

Found on Internship website

- **Internship information survey**

https://salisbury.co1.qualtrics.com/jfe/form/SV_ac55lQjWgTvBVwF



Mandatory Paperwork

- 1. Site Agreement form**
- 2. Copy of current CPR card**
 - Must be valid through end of internship semester
 - American Heart Association or Red Cross Only
- 3. Health Requirements**
 - Confirm all University required immunization records are satisfied in your Student Health Portal
 - Complete a yearly physical exam and have the Physical Exam Verification form completed by your provider.
(form found on website)

*All items will be submitted to your course Canvas page:
available 1 month prior to semester start



Due Dates

- Winter and Spring: All paperwork and site information due by **December 1**
- Summer and Fall: All paperwork and site information due by **May 1**



Recap To Do List

1. Application Survey to enroll**
2. Find a site
3. Site Agreement form
4. Site Information Survey**
5. Update University Immunization records
6. Complete Physical Exam Verification
7. Copy of CPR card

**Complete ASAP



APPROVAL

You are NOT APPROVED to begin any hours until the following has occurred:

1. You submit ALL MANDATORY INFORMATION/ SURVEYS/ FORMS
2. You are properly Enrolled
3. You have received an Approval email from your Internship Professor